

The Annual Quality Assurance Report (AQAR) of the IQAC
Yoga Centre

Part – A

1. Details of the Institution

1.1 Name of the Institution

Yoga Center

1.2 Address Line 1

Devi Ahilya Vishwavidyalaya

Address Line 2

Takshashila Campus, Khandwa

City/Town

Indore

State

Madhya Pradesh

Pin Code

452001

Institution e-mail address

hod.yogacenter@gmail.com

Contact Nos.

09425073774

Name of the Head of the Institution:

Associate Prof. Dr. S.S Sharma

Tel. No. with STD Code:

Mobile:

9425073774

Name of the IQAC Co-ordinator:

Dr. Anurag Kumar Sharma

Mobile:

9826907087

IQAC e-mail address:

Hod.yogacenter@gmail.com

1.3 NAAC Track ID (For ex. MHCOGN 18879) **EC/66/RAR/146 dated 21-02-2014**

1.4 Website address:

<http://www.davyvya.com>

Web-link of the AQAR:

<http://www.iqac.dauniv.ac.in/>

For ex. <http://www.ladykeanecollege.edu.in/AQAR201213.doc>

1.5 Accreditation Details

Sl. No.	Cycle	Grade	CGPA	Year of Accreditation	Validity Period
1	1 st Cycle	Four Star		20/09/2000	“Five Years”
2	2 nd Cycle	B grade	2.57 out of 4	16/09/2008	“Five Years”
3	3 rd Cycle	A	3.09	21 .2. 2014	“Five Years”
4	4 th Cycle	N.A	N.A	N.A	N.A

1.6 Date of Establishment of IQAC : DD/MM/YYYY

21/11/2008

1.7 AQAR for the year (for example 2010-11)

2015-16

1.8 Details of the previous year’s AQAR submitted to NAAC after the latest Assessment and Accreditation by NAAC ((for example AQAR 2010-11 submitted to NAAC on 12-10-2011)

- i. AQAR _____ 2014-15 on 31-07-2015 _____
- ii. AQAR _____ 2015-16 on _03-09-2016 _____
- iii. AQAR _____ (DD/MM/YYYY)
- iv. AQAR _____ (DD/MM/YYYY)

1.9 Institutional Status

University State Central Deemed

Private

Affiliated College Yes No

Constituent College Yes No

Autonomous college of UGC Yes No

Regulatory Agency approved Institution Yes No

(eg. AICTE, BCI, MCI, PCI, NCI)

Type of Institution Co-education Men Women

Urban Rural Tribal

Financial Status Grant-in-aid UGC 2(f) UGC 12B

Grant-in-aid + Self Financing Totally Self-financing

1.10 Type of Faculty/Programme

Arts Science Commerce Law PEI (Phys Edu)

TEI (Edu) Engineering Health Science Management

Others (Specify)

1.11 Name of the Affiliating University (for the Colleges)

1.12 Special status conferred by Central/ State Government-- UGC/CSIR/DST/DBT/ICMR etc

Autonomy by State/Central Govt. / University

University with Potential for Excellence	<input type="text"/>	UGC-CPE	
DST Star Scheme	<input type="text"/>	UGC-CE	<input type="text"/>
UGC-Special Assistance Programme	<input type="text"/>	DST-FIST	<input type="text"/>
UGC-Innovative PG programmes	<input type="text"/>	Any other (<i>Specify</i>)	<input type="text"/>
UGC-COP Programmes	<input type="text"/>		

2. IQAC Composition and Activities

2.1 No. of Teachers	<input type="text" value="2"/>
2.2 No. of Administrative/Technical staff	<input type="text" value="1"/>
2.3 No. of students	<input type="text" value="5"/>
2.4 No. of Management representatives	<input type="text"/>
2.5 No. of Alumni	<input type="text"/>
2.6 No. of any other stakeholder and community representatives	<input type="text"/>
2.7 No. of Employers/ Industrialists	<input type="text"/>
2.8 No. of other External Experts	<input type="text"/>
2.9 Total No. of members	<input type="text"/>
2.10 No. of IQAC meetings held	<input type="text" value="5"/>
2.11 No. of meetings with various stakeholders:	
	No. <input type="text"/> Faculty <input type="text" value="2"/>
Non-Teaching Staff	<input type="text" value="1"/>
Students	<input type="text"/>
Alumni	<input type="text"/>
Others	<input type="text"/>

2.12 Has IQAC received any funding from UGC during the year? Yes No

If yes, mention the amount

2.13 Seminars and Conferences (only quality related)

(i) No. of Seminars/Conferences/ Workshops/Symposia organized by the IQAC

Total Nos. International National State Institution Level

(ii) Themes

2.14 Significant Activities and contributions made by IQAC

2.15 Plan of Action by IQAC/Outcome

The plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement and the outcome achieved by the end of the year *

Plan of Action	Achievements

* Attach the Academic Calendar of the year as Annexure.

2.15 Whether the AQAR was placed in statutory body Yes No

Management Syndicate Any other body

Provide the details of the action taken

Part – B

Criterion – I

1. Curricular Aspects

1.1 Details about Academic Programmes

Level of the Programme	Number of existing Programmes	Number of programmes added during the year	Number of self-financing programmes	Number of value added / Career Oriented programmes
PhD	01		01	
PG	01		01	
UG				
PG Diploma	01		01	
Advanced Diploma				
Diploma				
Certificate	01		01	
Others				
Total				
Interdisciplinary				
Innovative				

1.2 (i) Flexibility of the Curriculum: CBCS/Core/Elective option / Open options

(ii) Pattern of programmes:

Pattern	Number of programmes
Semester	02 (PG , PG diploma)
Trimester	
Annual	

1.3 Feedback from stakeholders* Alumni

Parents

Employers

Students

(On all aspects)

Mode of feedback :

Online

Manual

Co-operating schools (for PEI)

**Please provide an analysis of the feedback in the Annexure*

1.4 Whether there is any revision/update of regulation or syllabi, if yes, mention their salient aspects.

Minor updation of syllabus was done in session

1.5 Any new Department/Centre introduced during the year. If yes, give details.

Criterion – II**2. Teaching, Learning and Evaluation**

2.1 Total No. of permanent faculty

Total	Asst. Professors	Associate Professors	Professors	Others
01		01		

2.2 No. of permanent faculty with Ph.D.

01

2.3 No. of Faculty Positions Recruited (R) and Vacant (V) during the year

Asst. Professors		Associate Professors		Professors		Others		Total	
R	V	R	V	R	V	R	V	R	V

2.4 No. of Guest and Visiting faculty and Temporary faculty

06

2.5 Faculty participation in conferences and symposia:

No. of Faculty	International level	National level	State level
Attended			
Presented papers	02	02	
Resource Persons			

2.6 Innovative processes adopted by the institution in Teaching and Learning:

- digital board and multimedia projectors
- Lectures are supplemented by assignments, class seminars and practical
- Continuous and comprehensive evaluation process is followed with three sessional examination and end semester exam in each course
- Complete transparency is a key feature of our evaluation system

2.7 Total No. of actual teaching days
during this academic year

195

2.8 Examination/ Evaluation Reforms initiated by
the Institution (for example: Open Book Examination, Bar Coding,
Double Valuation, Photocopy, Online Multiple Choice Questions)

Department has developed mechanism for well conduction of all examination and evaluation processes. Department is timely manage all internal and end semester examination, their schedule, time-table and evaluation process. The department is following Central Valuation system for evaluation. The evaluation work starts from the first day of commencement of the examination and results declared within 20 days after the examination. Result preparation is done computerized.

2.9 No. of faculty members involved in curriculum
restructuring/revision/syllabus development
as member of Board of Study/Faculty/Curriculum Development workshop

03		
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2.10 Average percentage of attendance of students

75%

2.11 Course/Programme wise
distribution of pass percentage :

Title of the Programme	Total no. of students appeared	Division				
		Distinction %	I %	II %	III %	Pass %
M.A	22		80%	20%		100%
PG Diploma	65	5%	85%	10%		100%

2.12 How does IQAC Contribute/Monitor/Evaluate the Teaching & Learning processes :

- Feedback from students before the end semester examination is collected for each course and for each faculty members including visiting faculties analyze and evaluated. The final findings are discussed in department workshop and methods of improvements are discussed.
- The quality and weaknesses of the teacher are evaluated on a percentile scale and have been given back to the concern teacher for self-improvement.
- The quality and weaknesses of the teacher are evaluated on a percentile scale.
- Feedback from eminent experts, alumni, employers and parents are regularly taken and the opinion helps in quality sustenance.
-

2.13 Initiatives undertaken towards faculty development

<i>Faculty / Staff Development Programmes</i>	<i>Number of faculty benefitted</i>
Refresher courses	
UGC – Faculty Improvement Programme	
HRD programmes	
Orientation programmes	
Faculty exchange programme	
Staff training conducted by the university	
Staff training conducted by other institutions	
Summer / Winter schools, Workshops, etc.	
Others	

2.14 Details of Administrative and Technical staff

Category	Number of Permanent Employees	Number of Vacant Positions	Number of permanent positions filled during the Year	Number of positions filled temporarily
Administrative Staff				01
Technical Staff				

Criterion – III**3. Research, Consultancy and Extension**

3.1 Initiatives of the IQAC in Sensitizing/Promoting Research Climate in the institution

- Department is having good ambience to conduct research work as we have sufficient equipments, library and facilities required to perform quality work.

3.2 Details regarding major projects

	Completed	Ongoing	Sanctioned	Submitted
Number				
Outlay in Rs. Lakhs				

3.3 Details regarding minor projects

	Completed	Ongoing	Sanctioned	Submitted
Number				
Outlay in Rs. Lakhs				

3.4 Details on research publications

	International	National	Others
Peer Review Journals		05	
Non-Peer Review Journals			
e-Journals			
Conference proceedings			

3.5 Details on Impact factor of publications:

Range Average h-index Nos. in SCOPUS

3.6 Research funds sanctioned and received from various funding agencies, industry and other organisations

Nature of the Project	Duration Year	Name of the funding Agency	Total grant sanctioned	Received
Major projects				
Minor Projects				
Interdisciplinary Projects				
Industry sponsored				
Projects sponsored by the University/ College				
Students research projects <i>(other than compulsory by the University)</i>				
Any other(Specify)				
Total				

3.7 No. of books published i) With ISBN No. Chapters in Edited Books

ii) Without ISBN No.

3.8 No. of University Departments receiving funds from

UGC-SAP CAS DST-FIST
 DPE DBT Scheme/funds

3.9 For colleges

Autonomy CPE DBT Star Scheme
 INSPIRE CE Any Other (specify)

3.10 Revenue generated through consultancy

3.11 No. of conferences
 organized by the Institution

Level	International	National	State	University	College
Number	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Sponsoring agencies	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

3.12 No. of faculty served as experts, chairpersons or resource persons

3.13 No. of collaborations International National Any other

3.14 No. of linkages created during this year

3.15 Total budget for research for current year in lakhs :

From Funding agency From Management of University/College

Total

3.16 No. of patents received this year

Type of Patent		Number
National	Applied	<input type="text"/>
	Granted	<input type="text"/>
International	Applied	<input type="text"/>
	Granted	<input type="text"/>
Commercialised	Applied	<input type="text"/>
	Granted	<input type="text"/>

3.17 No. of research awards/ recognitions received by faculty and research fellows
Of the institute in the year

Total	International	National	State	University	Dist	College

3.18 No. of faculty from the Institution who are Ph. D. Guides and students registered under them

01
08

3.19 No. of Ph.D. awarded by faculty from the Institution

3.20 No. of Research scholars receiving the Fellowships (Newly enrolled + existing ones)

JRF <input style="width: 40px; height: 20px;" type="text"/>	SRF <input style="width: 40px; height: 20px;" type="text"/>	Project Fellows <input style="width: 40px; height: 20px;" type="text"/>	Any other <input style="width: 40px; height: 20px; margin-left: 10px;" type="text"/>	01
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3.21 No. of students Participated in NSS events:

University level <input style="width: 40px; height: 20px;" type="text"/>	State level <input style="width: 40px; height: 20px;" type="text"/>
National level <input style="width: 40px; height: 20px;" type="text"/>	International level <input style="width: 40px; height: 20px;" type="text"/>

3.22 No. of students participated in NCC events:

University level <input style="width: 40px; height: 20px;" type="text"/>	State level <input style="width: 40px; height: 20px;" type="text"/>
National level <input style="width: 40px; height: 20px;" type="text"/>	International level <input style="width: 40px; height: 20px;" type="text"/>

3.23 No. of Awards won in NSS:

University level <input style="width: 40px; height: 20px;" type="text"/>	State level <input style="width: 40px; height: 20px;" type="text"/>
National level <input style="width: 40px; height: 20px;" type="text"/>	International level <input style="width: 40px; height: 20px;" type="text"/>

3.24 No. of Awards won in NCC:

University level <input style="width: 40px; height: 20px;" type="text"/>	State level <input style="width: 40px; height: 20px;" type="text"/>
National level <input style="width: 40px; height: 20px;" type="text"/>	International level <input style="width: 40px; height: 20px;" type="text"/>

3.25 No. of Extension activities organized

University forum College forum
NCC NSS Any other

3.26 Major Activities during the year in the sphere of extension activities and Institutional Social Responsibility

- Students are sent to various schools and colleges students organise surya namaskar on Swami Vivekanand Jayanti(12 January)
- Students are sent to university hostels and take Yoga classes

Criterion – IV**4. Infrastructure and Learning Resources**

4.1 Details of increase in infrastructure facilities:

Facilities	Existing	Newly created	Source of Fund	Total
Campus area	1165.45 SQM		University Self Finance	
Class rooms	02			
Laboratories				
Seminar Halls	02			
No. of important equipments purchased (\geq 1-0 lakh) during the current year.				
Value of the equipment purchased during the year (Rs. in Lakhs)				
Others				

- One Main Building Block (including classrooms, offices, staffroom, computer lab, girls common room etc.) Size – 1165.45 SQM.
- One practical room for asana practice
- One meditation room
- library

4.2 Computerization of administration and library

- Two multimedia projectors are available in the department for teaching.

4.3 Library services:

	Existing		Newly added		Total	
	No.	Value	No.	Value	No.	Value
Text Books	500		25		525	
Reference Books						
e-Books						
Journals						
e-Journals						
Digital Database						
CD & Video	10		10			20
Others (specify)						

4.4 Technology up gradation (overall)

	Total Computers	Computer Labs	Internet	Browsing Centres	Computer Centres	Office	Departments	Others
Existing	02		02			01		
Added	02		02			01		
Total	04		04			02		

4.5 Computer, Internet access, training to teachers and students and any other programme for technology upgradation (Networking, e-Governance etc.)

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4.6 Amount spent on maintenance in lakhs :

i) ICT	0.10
ii) Campus Infrastructure and facilities	
iii) Equipments	2.40
iv) Others	
Total :	2.50

Criterion – V**5. Student Support and Progression**

5.1 Contribution of IQAC in enhancing awareness about Student Support Services

- The IQAC prepares in advance, its academic calendar.
- IQAC is responsible for ensuring quality in all academic activities which leads to the overall development of the institution.
- The administrative and academic functions are stream-lined with the help of various committees.
- The Dept encourages participatory approach to translate quality to the functioning of its various administrative and academic units.

5.2 Efforts made by the institution for tracking the progression

- Accessibility of all the faculties during all working hours. Also in case of any emergency or immediate guidance 24 X7 students are free to get any guidance.
- Statutory Departmental Committee takes major decisions.
- Faculty curriculum design and updation committee function for curriculum updation.
- Class room seminar and group discussion are regular feature.
- Guest lectures were organized for students.
- Placement facilities, career guidance.
- Mentors were allocated to all the students for their academic, social, career and other guidance.
- Faculty members provided assistance to the slow learners.
- The students provide consultancy services to various schools, colleges and other organization in conducting the sports meet.
- Extension services are regularly provided to the people visiting the people.
- The classroom teaching and activity teaching exposure is being given to the students in the department and other schools of city.

5.3 (a) Total Number of students

UG	PG	Ph. D.	Other
	112	8	70

(b) No. of students outside the state

10

(c) No. of international students

Men	No	%	Women	No	%
	80	42		110	58

Last Year						This Year					
General	SC	ST	OBC	Physically Challenged	Total	General	SC	ST	OBC	Physically Challenged	Total
124	11		12		147	130	26	10	24		190

Demand ratio

Dropout %

5.4 Details of student support mechanism for coaching for competitive examinations (If any)

No. of students beneficiaries

5.5 No. of students qualified in these examinations

NET		SET/SLET		GATE		CAT	
IAS/IPS etc		State PSC		UPSC		Others	

5.6 Details of student counselling and career guidance

No. of students benefitted

5.7 Details of campus placement

<i>On campus</i>			<i>Off Campus</i>
Number of Organizations Visited	Number of Students Participated	Number of Students Placed	Number of Students Placed

5.8 Details of gender sensitization programmes

5.9 Students Activities

5.9.1 No. of students participated in Sports, Games and other events

State/ University level National level International level

No. of students participated in cultural events

State/ University level National level International level

5.9.2 No. of medals /awards won by students in Sports, Games and other events

Sports : State/ University level National level International level

Cultural: State/ University level National level International level

5.10 Scholarships and Financial Support

	Number of students	Amount
Financial support from institution		
Financial support from government		
Financial support from other sources		
Number of students who received International/ National recognitions		

5.11 Student organised / initiatives

Fairs : State/ University level National level International level

Exhibition: State/ University level National level International level

5.12 No. of social initiatives undertaken by the students

5.13 Major grievances of students (if any) redressed: _____

Criterion – VI**6. Governance, Leadership and Management**

6.1 State the Vision and Mission of the institution

VISION

1. The vision of institute is to Fostering global competences and to making the yoga center a best yoga educator institution.
2. To work for creating yoga educators for Hospitals,schools, colleges and health mental and physical fitness consultant for people of society.
3. Spread health consciousness among people through Yoga.
4. Provision of scientific professional service to the workers of different Healthclub,Hospitals .

Mission –

Make healthy and adopt yoga as a profession who will serve the Nation by their knowledge and skill to make healthy society and become For the purpose of attaining the above aim the following objectives are to be given specific attention:-

- 1) The department shall always strive to stride forward and keep pace with the changing needs and spirit of the times.
- 2) The department shall continue to uphold its commitment to the nation in general and to the society in particular by providing professionally trained people in the field of yoga
- 3) The department shall spare no effort to continue to spread and further its academic potential by providing quality infrastructure and facility to upgrade the knowledge of his students and teachers.

6.2 Does the Institution has a management Information System

6.3 Quality improvement strategies adopted by the institution for each of the following:

6.3.1 Curriculum Development

- Choice based credit system introduced. Grade-Credit System is followed
- The course curriculum is regularly updated. Last updated in May 2014
- Curriculum development process is based on the recommendations of various experts from the academics and corporate sector, student and alumni feedback on course content and design.
- State government's norms are followed in admission process for reserved categories and women.
- Faculties are involved in the overall development of students by enabling them to develop their analytical skills.
- The curriculum design is governed by the UGC handbook for the courses and national level examinations which students undertake after studies

6.3.2 Teaching and Learning

- digital board and multimedia projectors
- Lectures are supplemented by assignments, class seminars and practical
- We are having qualified research staff involved in the ongoing major research project of UGC .
- Training programs and workshops in the area of personality development, career advancements are regularly conducted.
- Students' are given feedback on their performance and answer sheets are shown to them
- Computerized result processing
- Innovative evaluation practices are used by considering the classroom presentations, therapht lectures etc
- annual cultural fest and sports fest are the regular conduct.

6.3.3 Examination and Evaluation

- Academic Calendar well in advance. Department plan hosted in website.
- Schedule of internal and end semester exams are notified well in advance.
- Evaluation schedule is given to the teachers to complete their evaluation work well in time through central valuation method.

6.3.4 Research and Development

6.3.5 Library, ICT and physical infrastructure / instrumentation

Class rooms are maintained regularly by the department and students are availing facilities

6.3.6 Human Resource Management

6.3.7 Faculty and Staff recruitment

07 Visiting faculties appointed.

6.3.8 Industry Interaction / Collaboration

- Students regularly going to participate in national level yoga competition organized by different universities.
- The classroom teaching and activity teaching exposure is being given to the students in the department and other schools of city.

6.3.9 Admission of Students

- Students for the all the courses are admitted on merit in the entrance Admission Test conducted each academic year.
- State government’s norms are followed in admission process for reserved categories and women.

6.4 Welfare schemes for

Teaching	Provided by University
Non teaching	Provided by University
Students	Scholarship from Government

6.5 Total corpus fund generated

6.6 Whether annual financial audit has been done

Yes No

6.7 Whether Academic and Administrative Audit (AAA) has been done?

Audit Type	External		Internal	
	Yes/No	Agency	Yes/No	Authority
Academic				Department
Administrative		university		Department

6.8 Does the University/ Autonomous College declares results within 30 days?

For UG Programmes Yes No

For PG Programmes Yes No

6.9 What efforts are made by the University/ Autonomous College for Examination Reforms?

Department has developed mechanism for well conduction of all examination and evaluation processes. Department is timely manage all internal and end semester examination, their schedule, time-table and evaluation process. The department is following Central Valuation system for evaluation. The evaluation work starts from the first day of commencement of the examination and results declared within 15 days after the examination. Result preparation is done computerized

6.10 What efforts are made by the University to promote autonomy in the affiliated/constituent colleges?

6.11 Activities and support from the Alumni Association

6.12 Activities and support from the Parent – Teacher Association

The Parent Teacher meetings organised regularly

6.13 Development programmes for support staff

6.14 Initiatives taken by the institution to make the campus eco-friendly

School of yoga had planted many plants around department

Criterion – VII**7. Innovations and Best Practices**

7.1 Innovations introduced during this academic year which have created a positive impact on the functioning of the institution. Give details.

- The entire department has been made tobacco free through initiatives of both the teachers and administrative faculty and this has definitely created a positive impact in the department.

7.2 Provide the Action Taken Report (ATR) based on the plan of action decided upon at the beginning of the year

7.3 Give two Best Practices of the institution (*please see the format in the NAAC Self-study Manuals*)

- ✓ yoga center has organize yoga awareness camps in hostel of boys and girls they learn yoga and relief tension during examination time .Enviroment consciousness has also changed to deal with new issues such as health related problem, overpopulation etc. many youth of today's society have become more aware of the state of the plant and deeming themselves environmentalist
- ✓ yoga center has organize yoga awareness camps in hostel of boys and girls they learn yoga and relief tension during examination time

**Provide the details in annexure (annexure need to be numbered as i, ii,iii)*

7.4 Contribution to environmental awareness / protection

The center had planted many plant around the department and also planted around 50 different plants around the academic block

7.5 Whether environmental audit was conducted? Yes No

7.6 Any other relevant information the institution wishes to add. (for example SWOT Analysis)

- **Strengths -**
- It provide legal certification course.
- Computers with Internet facility and projectors for students.
- Good infrastructure
- **Weaknesses -**
- Adequate teachers are required according to student teacher ratio.
- Lack of awareness of course.
- Lack of fund for R&D
- **Opportunities -**
- It make society healthy.
- It provide opportunity to become a member of International
 - Yoga Federation.
- It provide facility to organize national and international
 - conference .
- **Threats**
- Permanent administrative staff is required
- Increasing large number of fitness centers
- Lack of fund

8. **Plans of institution for next year**

- Planning to start M.Phil .
- General yoga classes for everyone .

Name *Dr.Anurag Kumar Sharma*

Name *Dr.S.S.Sharma*

Signature of the Coordinator, IQAC

Signature of the Chairperson, IQAC

_____***_____